

HURRICANE

PREP CHECKLIST

2022

On Top of
the World



FIRST AID KIT

Assemble a first aid kit for your home and one for each car.

- Adhesive bandages, various sizes
- Hand wipes or waterless alcohol-based hand sanitizer
- (6) antiseptic wipes
- Anti-bacterial ointment
- Cold pack
- Scissors (small, personal)
- Tweezers

MEDICATIONS

- Aspirin or non-aspirin pain reliever
- Over-the-counter medicines, as needed
- Insulin for at least 7 days
- Prescription drugs for at least 7 days
- Special Needs such as Oxygen for at least 7 days
- Denture needs
- Contact lenses and supplies
- Extra eyeglasses
- Complete list of medications taken, with dosage and frequency, including special needs such as oxygen
- Complete list of known allergies for each person

WATER

Store water in plastic containers such as soft drink bottles. Avoid using containers that will decompose or break, such as milk cartons or glass bottles. A normally active person needs to drink at least two quarts of water each day. Hot environments and intense physical activity can double that amount.

- Keep at least a three-day supply of water per person, minimum of one gallon of water per person per day
- Change your stored water supply every six months so it stays fresh

FOOD

Store at least a three-day supply of non-perishable food. Select foods that require no refrigeration, preparation or cooking, and little or no water.

- Ready-to-eat canned meats, fruits, and vegetables
- Canned juices
- Staples (salt, sugar, pepper, spices, etc.)

- High energy foods
- Vitamins
- Comfort/stress foods
- Replace your stored food every six months

LEGAL DOCUMENTS AND VALUABLES

Keep records in a waterproof, portable container:

- Will, insurance policies, contracts, deeds, stocks and bonds
- Passports, social security cards, immunization records,
- Bank account numbers
- Credit card account numbers and companies
- Inventory of valuable household goods, important telephone numbers
- Family records (birth, marriage, death certificates)
- Store your kit in a convenient place known to all family members. Keep copies of the documents in the trunk of your car.
- Keep items in airtight plastic bags. Re-think your kit and family needs at least once a year.

SANITATION

- Toilet paper, towelettes
- Soap, liquid detergent
- Feminine supplies
- Personal hygiene items
- Plastic garbage bags, ties (for personal sanitation uses)
- Plastic bucket with tight lid
- Disinfectant
- Household chlorine bleach

CLOTHING AND BEDDING

Include at least one complete change of clothing and footwear per person.

- Sturdy shoes or work boots
- Rain gear
- Blankets or sleeping bags
- Hat and gloves
- Sunglasses

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FOR PETS

In the interest of protecting pets, the Humane Society of the United States offers these tips for inclusion in your family disaster plan:

- Do not leave your pets behind.
- Securely fasten a current identification tag to your pet's collar and carry a photograph of your pet. It's important to include the phone number of a friend or family member on the tag so anyone who may find your pet is able to reach someone who knows you.
- Transport pets in secure pet carriers and keep pets on leashes or harnesses.
- Call hotels in a safe/host location and ask if you can bring your pets. Ask the manager if a no-pet policy can be lifted during the disaster. Most emergency shelters do not admit pets.
- Call friends, family members, veterinarians, or boarding kennels in a safe/host location to arrange foster care if you and your pets cannot stay together.
- Pack a week's supply of food, water and other provisions, such as medication or cat litter.
- Do not wait until the last minute to evacuate. Rescue officials may not allow you to take your pets if you need to be rescued.
- Keep a list of emergency phone numbers (veterinarian, local animal control, animal shelters, Red Cross, etc.).

TOOLS AND SUPPLIES

- Mess kits, or paper cups, plates, and plastic utensils
- Battery-operated radio and extra batteries
- Flashlight and extra batteries
- Cash or traveler's checks
- Manual can opener, utility knife
- Fire extinguisher (small canister ABC type)
- Pliers
- Tape
- Compass
- Matches in a waterproof container
- Aluminum foil
- Plastic storage containers
- Signal flare
- Paper, pencil
- Needles, thread
- Medicine dropper
- Shut-off wrench, to turn off household gas and water
- Whistle
- Plastic sheeting
- Map of the area (for locating shelters)
- Books, games, puzzles, or other activities

ADDITIONAL ITEMS TO CONSIDER IF EVACUATING

- Emergency reference material such as a first aid book or information from **Ready.gov**
- Visit **FLGetAPlan.com** or **FloridaDisaster.org** for information.
- Ensure Resident Services has your up-to-date contact information.
- Let your neighbors know your plans and provide them with your contact information as well as your emergency contact's information.
- Marion County Sheriff's Office emergency management, special needs shelters and registration needed. Visit floridadisaster.org/disability/specialneeds for information on registration.
- Go to **OTOWinfo.com** and click "Join our email" to subscribe to receive updates via email. Encourage your emergency contact to do the same.
- Sign up for local emergency alerts at **AlertMarion.com**.